

Never harbor the idea that you are involved in sin and evil deeds and you cannot get anywhere. At all times and under all circumstances you must keep Yourself in readiness to tread the path to the Supreme.

Om Shree Bholanatharpitayai namah



Why should there be so many different religious sects and sub-sects? Through every one of them He gives Himself to Himself, so that each person may advance according to his individual uniqueness.

Om Shree Mahabhavayal namah



When man awakens to the acute consciousness of this sense of want, then only does spiritual enquiry becomes genuine. You must bear in mind that when the sense of want becomes the sense of the want of Self-Knowledge, then only the real Quest begins.

Om Shree Mahabhayavinashinyai namah



When one sees the bud of a flower he perceives the bud only; whereas actually the full blown flower, the fruit, the seed, and the whole plant are contained in that little bud.

Om Shree Mahagauryai namah



Childhood, youth and old age, are all contained within you. No sooner is childhood over than youth takes its place; the one swallows up the other. This cannot be grasped by ordinary perception.

Om Jai Ma



If you engage yourself in ceaseless, uninterrupted service directed to Him, then only by His mercy the waters of the Ganga of knowledge will wash away all your desires and doubts and only then will you be at peace.

Om Shree Ma



Whatever keeps the mind engrossed in Him—therein lies man's duty.

Om Shree Mahalaxmyai namah



Surrender yourself at His Feet that you may become an instrument in His Hands.

Om Shree Mahasaraswatyai namah



What did you bring with you at birth? Were you not empty-handed? And all you have acquired is it yours, Really? All is His and whatever happens is His Will. Endeavour to maintain this attitude.

Om Shree Manglavatyai namah



Man must behave as a hero. During spells of misfortune he must abide to fortitude and patience. Time never stands still.

Om Shree Manttrashaktyai namah



Suicide is a most heinous sin. To whom belongs the body that you speak of destroying? Is this the way a human being talks? For shame!

Om Shree Mahakalai namah



Nothing should be done in a hurry. One has to be anchored in patience.

Om Shree Maharaudrayai namah



With but the one Supreme friend, you my friend must try to avoid the ties of worldly friendship.

Om Jai Ma



When Diksha is necessary it comes about at the appointed moment. One should try to keep one's mind on the thought of God and have firm faith that at the right time He will do all that is needful.

Om Shree Ma



In Rama, who is the dispeller of all sorrow, there is Aram—rest and ease; where Rama is not, there is Vyaram—discomfort and disease.

Om Shree Manaswanyai namah



Talking and being in the company of people is waste of time. Life is short, meditate, try to find Yourself. The blessings of God is always pouring down on you, but if you hold your vessel upside down, you cannot realize it.

Om Shree Mahamanttraroopinyai namah



Birth and Death are a chapter in your life story. But you are the Immortal River of Livingness, flow on!

Om Shree Muktipradayinyai namah



Leaving one's home one has to go forth and tread the path—then only will one come to know all about that path.

Om Shree Muktanandvinodinyai namah



Sadhana is necessary because there is a belief or disbelief. Yet the law will act, whether you believe in it or not.

Om Shree Mooladharanivasinyai namah



Swayam Bhagavan is nameless and formless; again, when viewed in his capital aspect, He is of infinite names or forms. Always bear this in mind.

Om Shree Yogijanaranjinyai namah



If Sadhana is one's purpose in life, one must not allow it to become shrivelled and emaciated.

Om Shree Yogishwaryai namah



Feel convinced that, no matter what the state or condition you may be in, out of that very State Enlightment may come.

Om Jai Ma



Supreme Knowledge does not come "through" anything -Supreme Knowledge reveals itself.

Om Shree Ma



Ever afterward, though the dance of creation change around me in the hall of eternity, I shall be the same.

Om Shree Radhikayai namah



To cry out to Him is never in vain. So long as no response is received, the prayer must be continued.

Om Shree Radhakrishnaikaswaroopinyai namah



You must greet each day with a welcome heart, for the sun must also rise in you for the light to disperse the darkness.

Om Shree Lalitadevyai namah



Some severe blow of fate will drive you towards God. This will be but an expression of His [Her] Mercy; however painful, it is by such blows that one learns one's lesson.

Om Shree Lilashaktyai namah



Real silence means there is actually nowhere else for the mind to go.

Om Shree Vagishwaryai namah



Only actions that kindle man's divine nature are worthy of the name of action, all the rest are Non-actions—A waste of energy.

Om Shree Sankirtan samragyai namah



No two fruits are alike. Yet it is one life that throbs in every particle of the tree. So, it is the same Atma everywhere.

Om Jai Ma



Just as ice is nothing but water, so the Beloved God is without form, without quality, and the question of manifestation does not arise. When this is realized, one has realized one's Self.

Om Shree Ma



Blessed is he [she] who breathes his last breath pronouncing God's Name.

Om Shree Srishtiprasavinyai namah



By ceaseless prayer He who is Akhand (whole) is found. One's own Self, the Life of one's life, the Beloved of One's heart is the One to be eagerly sought.

Om Shree Sristipalikayai namah



If Man does not awaken to the consciousness of his own Self, what has he achieved?

Om Shree Sarvadharmarochanayai namah



To the extent to which one becomes indifferent to worldly pursuits will one progress towards real Bliss.

Om Shree Sachidanandroopinyai namah

DECEMBER 1



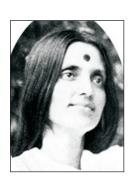
It is possible to practice God's Name under the most adverse circumstances. He causes everything to happen and is therefore ever near.

Om Shree Vidyavinodinyai namah



When you leave everything to Him Who is the Fountain of Peace, and then only may you hope for peace.

Om Shree Vindhyavasinyai namah



When the mind centres on what gives peace and one's gaze dwells on what promotes it, when One's ears listen to what fills the heart with peace and at all times there is a response from Him who is peace itself, then only can there be promise of peace.

Om Shree Vishalakshyai namah



Treat with equal love all the people with whom you have relations. Thus the abyss between 'myself' and 'yourself' will be filled.

Om Jai Ma



You will have peace only if you can rise above worldly desires.

Om Shree Ma



As you love your own body, so regard everyone as equal to your own body. When the Supreme Experience supervenes, everyone's service is revealed as one's own service.

Om Shree Vedaprakashikayai namah



If the breath and the mind become one-pointed and steady, then the mind expands to infinity.

Om Shree Vaishnavi Devyai namah



Joys and sorrows are time-born and cannot last. Therefore, do not be perturbed by these. The greater the difficulties and obstructions, the more intense will be your endeavour to cling to His feet and the more will your prayer increase from within.

Om Shree Vaibhavasampannayai namah



Do not search for the Self for this would be like your eye trying to see your retina. You are Self.

Om Shree Vairagyamoortyai namah



God is without form, without quality as well as with form and quality, Watch and see with what endless variety of beautiful forms, He plays the play of his Maya with Himself alone.

Om Shree Shreematyai namah



Just as one does not water the leaves of a tree but its roots, so also one has to grapple with man's disease as its root. Man's root lies in the brain. Therefore, the remedy for all ills is to still the mind.

Om Shree Santjanasukhayai namah



When a person who is living in touch with Him, who is called Supreme Lord of Yoga (Yogeswara), there is hope that path will bring him in touch with the yogic current and (yogic dhara) may open out for him.

Om Jai Ma



By doing sustained 'Sadhana' one has been blessed with power, it is not right to squander it.

Om Shree Ma



When you recognize the existence of God, He will reveal Himself to you as compassionate, or gracious, or merciful, in accordance with your attitude toward Him at the time.

Om Shree Shavitambarayai namah



The same inexpressible Truth is experienced in two ways: as Self-luminous Silence, or as the Eternal Play of the One.

Om Shree Shamshanavasinyai namah



Single-minded devotion engenders deep thought, which expresses itself in action. The Lord's Light descends on the devotee, His power awakens in him and, as a result, profound inner inquiry blossoms forth.

Om Shree Shivshaktyai namah



Where the Infinite is in question, the diversity of approaches is equally infinite, and likewise are the revelations along these paths, of endless variety.

Om Shree Hridayavasinyai namah



Sustained effort ends in effortless being. What has been attained by constant practice is finally transcended. Then comes spontaneity.

Om Shree Tapatrayavinashinyai namah



Are you master even of a single breath? To whatever small degree He makes you feel that you have freedom of action, if you understand that this freedom has to be used to aspire after the realization of Him, it will be for your good.

Om Shree Trikaladarshinyai namah



He is all that is experienced. The man who can be engrossed in Him, in joy and sorrow, in every one of His action in the midst of worldly life that is ruled by the mind—that man will be victorious.

Om Shree Gyanbhaktipradayinai namah



The signification of the word 'Guru' is 'Jagadguru' (World Teacher). A World Teacher is one who diverts men from the path leading to death and puts him on the path of immortality. He who does this is the 'Inner Guru'.

Om Shree Sarvajanahitaishinyai namah



Even while living in the world, you can with a calm spirit attend to spiritual practices. Then only will that which is to be given up, falls away; and that which can never be relinquished, which does not go, that indeed will remain.

Om Jai Ma



Control your desires for sense objects. Be moderate in eating and sleeping. As a pilgrim on the path to God, you should be content with such food and sleep which would help in remaining fit for the onward March.

Om Shree Ma



If you turn to God in order to be liberated from your desire for sense object, your inner strength will grow. Take to some spiritual practice, like meditation, you will get interest and also remain absorbed in it.

Om Shree Sarvajanapriyayai namah



When a ray of light has brightened the inner life, it is not possible that full illumination will happen? Doubts and weakened efforts are natural. Be steadfast in your efforts, God's grace will make everything possible.

Om Shree Satyaswaroopinyai namah