

Through the ever new transformations of a life dedicated to the supreme quest one must strive to become firmly established in one's true self (Swarup).

Om Shree Sumangalayai namah



God is the one and only friend of the pilgrims to ultimate. He should act in this spirit so that he may come to accept Him as his all in all. Unless one is single minded there will be obstacles at every step.

Om Jai Ma



To keep company with Mahatmas, to associate with great souls means to put into practice precisely what one has heard them say.

Om Shree Ma



Either melt the sense of separation by devotion or burn it by knowledge (Janana).

Om Shree Sundaridevyai namah



While performing action, sustain the attitude that He alone is. He is the instrument as well as the weilder. As He causes the instruments to move, so, it has to move.

Om Shree Saundaryaswaroopinyai namah



The self (Atma) of this body (Mataji) is everyone's self. It cannot be said of anybody that he is not Ma's very own.

Om Jai Ma



Contemplation of the Atma takes one to ones ultimate Goal; while worldly action creates nothing but ugliness.

Om Shree Ma



No matter to what caste, class and religion anyone may belong, he should always speak the truth and engage in his particular Japa, meditation, worship and remembrance of God. Every service has to be done as service of God.

Om Shree Anandmayai namah



How much more do you want of earthly pleasure? Once you have a taste of that delight, you will have no more desire for worldly enjoyment. This is the actual truth.

Om Shree Ambikayai namah



If the search after Truth is really genuine, one will find favourable circumstances provided by God.

Om Shree Anapaurnayai namah



There is a time for everything. No one can come to me until the time is ripe.

Om Shree Arvindananayai namah



To be a human being means to place first and foremost the desire to know one's self.

Om Shree Amritayai namah



Turn towards Him, turn away from worldly longings back to your own home.

Om Shree Abhayavardayinai namah



A glimpse of one's own essential nature gives bliss. The mind that aspires after bliss is really aspiring to its own Self.

Om Jai Ma



To tell the truth, while some people undoubtedly do approach this body in quest of Reality, very many come only to get their desires and longings fulfilled.

Om Shree Ma



If you are really searching for God with your whole being, you are bound to find Him.

Om Shree Antarvasinyai namah



To consider oneself great and others small because of any merit or position of prestige, one may have acquired, is a serious mistake.

Om Shree Advaitaswarupinyai namah



Regard this vast universe as one indivisible cosmos and all distinctions between high and low will then disappear.

Om Shree Agunasagunarupinyai namah



A man who respects himself will have even more respect for others.

Om Shree Akhilvadavivadshodhikayai namah



The easiest and most effective means for purging the mind is to associate with saints and seekers of truth.

Om Shree Kanakhalavasinyai namah



The one who sits in a kona (corner) has found the trikona (triangle/three worlds).

Om Shree Karunavarunalayayai namah



Try to observe Sanyam once in a month or once in fifteen days or once a week.

Om Shree Katyayanyai namah



Whatever service you perform, do it with the thought of serving Narayana.

Om Jai Ma



When asked a number of times how to attain His realization, Ma repeatedly says..... Follow the advise of your Guru. If Guru has not been found then repeat the Name that you like best.

Om Shree Ma



To make an effort to sit regularly and remember the Name of the Lord is Tapasya.

Om Shree Kalarattryai namah



Japa is that which becomes a part of Your being, without which you cannot live.

Om Shree Kamakhyayai namah



Don't do business when taking the Name of God. This is the only place where you have to love God for God's sake.

Om Shree Kalikayai namah



When you feel power within yourself, when new light dawns on you from within, the more you can keep in concealed in utter calm and stillness, the more it will grow in intensity. If the slightest opening appears, there is always the fear it will escape.

Om Shree Kashipuradhishwaryai namah



You and I are two persons and yet you and I are one... and yet between the two of us, this also is myself: There can be no question at all of duality. Attachment and hate arise out of the sense of duality.

Om Shree Kripamoortyai namah



Everybody's satisfaction is my satisfaction, everybody's happiness is my happiness, everybody's misery is my misery.

Om Shree Kumaryai namah



"We understand"—that is useless, for he who understands and what is understood have remained separate.

Om Jai Ma



If some particular name sticks to a mind, whatever name he may happen to hear seems to him to be the same name. He gets the ring of that one name in all the names. Once it gets assimilated with the mind, the man rises to a higher level.

Om Shree Ma



To the extent that we harbor unkind or narrow thoughts we increase the cause of evil in the world. For better be intent on your own improvement.

Om Shree Kalamodinyai namah



If you can develop inner beauty, and enshrine Him in the glorious temple of your heart, you will be able to perceive beauty in everything.

Om Shree Kriyagyanechhashaktyai namah

OCTOBER 1



Wherever you go at any time, go with your whole heart and soul and nobody will seem a stranger to you.

Om Shree Gangataranginayai namah

OCTOBER 2



All is That. Only That resides in all and besides That there is nothing. Only One, it is You and You and You only.

Om Shree Guhyakeshwaryai namah



How can this little girl (Ma herself) possibly leave her father? Even if he pushes her far away, this obstinate little child will still be with him.

Om Shree Gurve namah



Begin here and now, it is never too late to begin. Among all creatures man alone has been endowed with the capacity to realize God.

Om Shree Gurupriyatmane namah



Have complete trust in Him in spite of everything—to Him you should call out in happiness and in pain.

Om Jai Ma



Everyone should start along the lines taught by his own religion

Om Shree Ma



Travelers on the Supreme Path must strive to complete their journey; Self-Realization is its purpose and goal.

Om Shree Chandraghantayai namah



Silent Japa should be engaged in at all times. One must not waste breath uselessly; whenever one has nothing special to do, one should silently practice Japa in rhythm with one's breathing.

Om Shree Chidanandroopinyai namah



In wealth and property there is certainly no peace.

Om Shree Jagajjananyai namah



Vedanta actually means the end of difference and non-difference. Differences do indeed exist on the path, but how can there be a difference of Goal?

Om Shree Janakyai namah



Even if you do not feel inclined to meditate, conquer your reluctance and make an attempt. By your tenacity you will gain strength and be moulded. Make up your mind that however arduous the task, it will have to be accomplished.

Om Shree Durgayai namah



Even though the Goal is the same, the paths taken by different people are of great variety. Some choose the path of knowledge, others of Seva. But the objective is the same.

Om Shree Dhawalmoortyai namah



The One is constantly leading human being towards Himself. Everyone at sometime or other will reach the Supreme Goal, because this is man's destiny.

Om Shree Nirmalayai namah



You go on insisting that the mind must be dissolved. But do not forget, it is this very mind which is the Mahayogi, yes indeed, the sublime Yogi.

Om Jai Ma



When you have surrendered Yourself to the Guru, he may do anything, subject you to no matter what trials, yet you still regard Yourself as a tool in His hands. At that moment you come to understand the real nature of the inner Guru. He dwells within and works from there.

Om Shree Ma



Again, who is It that guides me from outside? It is also He, for verily there is no other.

Om Shree Nityarchitayai namah



A knot means resistance. Hence, so long as the ego persists, there will be clashes at times.

Om Shree Pavanputtrasevitayai namah



Whether with full awareness or in ignorance, willingly or unwillingly, with faith or in doubt, if God's name is adhered to, His image in the mind is sustained, gradually what is to be burnt will burn and what is to be melted will melt.

Om Shree Bhaktavatsalayai namah



Look, the ocean is contained in the drop and the drop in the ocean, what else is the spark, if not a particle of fire of Him, who is Supreme Knowledge itself?

Om Shree Bhramariroopinyai namah



Everything is infinite - infinity and finiteness are indeed the same. In a garland the thread is one, but there are gaps between the flowers. It is the gap that causes want, the sorrow. To fill them is to be free from want.

Om Shree Bhawabhayabhanjinyai namah



Nobody is able to predict when for any particular individual that fateful Moment will reveal itself. Therefore, keep on striving ceaselessly.

Om Shree Bhakta Karyasidhyai namah



Do not be satisfied with fragmentary happiness, which is invariably interrupted by shocks and blows of fate, but become complete and having attained to perfection be Yourself.

Om Jai Ma



No, I have not gone far away from you; I am ever, ever present with you very, very near you.

Om Shree Ma



You want to know what I am? Well, I am what you consider me to be—not more, not less.

Om Shree Bhagwatrupinyai namah



If you perceive Shiva, you do not see a stone. And if you see a stone, you do not perceive Shiva.

Om Shree Bhagwatyai namah



This is His lila, He is having a game with Himself. Even so, does not the Durga-Saptasati say, 'In the guise of delusion it is You only'.

Om Shree Bhuvanojwalayai namah