

JUNE 29



Just as lighting a lamp illuminates darkness for centuries, even so the obscurity of numberless births is annihilated by the power of a Divine name.

Om Shree Mahabhayavinashinyai namah

JUNE 30



While working with your hands, his Name should be repeated mentally. Nursing the sick—anything at all is His service, His work. Let this be your attitude of mind.

Om Shree Mahagauryai namah

JULY 1



To begin with, one has to repeat the Name forcibly, constant practice is needed. To shine the vessel it has to be scrubbed and polished.

Om Jai Ma

JULY 2



By sustained practice success will be accomplished. Become wedded to the yoga of practice.

Om Shree Ma

JULY 3



Everyone is 'Bhagavan's vibhuti, His Maya,' His Lila, His very own play. To use for worldly purposes what one has received spiritually in the course of that play is not correct.

Om Shree Mahalaxmyai namah

JULY 4



By performing the Gyatari Mantra, by performing fire sacrifices, by Japa, meditation one is cleansed and purified from the dross and 'Karma' accumulated during countless former births and in the present.

Om Shree Mahasaraswatyai namah

JULY 5



Devotion and faith must certainly be awakened. What is happening at present is to cause you to stand on your own feet, to make you vigilant. Whatever has to be done, God will put it right—remember this.

Om Shree Manglavyai namah

JULY 6



To be always in happy mood helps spiritual endeavour. Dejection creates obstacles on the path.

Om Shree Mantrashaktyai namah

JULY 7



Those who desire to remain intoxicated by Reality do not require artificial intoxicants. Indulging in false things will only increase falsity, for every direction is indeed infinite.

Om Shree Mahakalai namah

JULY 8



When anger arises in your heart try to cast it away. On the path of 'Sadhana' one should not allow anything bad or inauspicious to remain hidden in one's mind.

Om Shree Maharaudrayai namah

JULY 9



Increase the number of your 'Japa's'. At slightest indication of anger, drink a sufficient quantity of cold water.

Om Jai Ma

JULY 10



All distraction, agitation, are produced in the mind due to clash of vibrations. So, it has been advised to eat pure food, cultivate elevating, gentle thoughts and behaviour.

Om Shree Ma

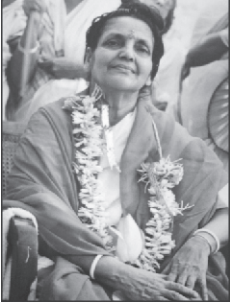
JULY 11



Keep a strict watch over everything you do; how you eat, sleep, move? It is He himself who has come in the guise of practice.

Om Shree Manaswanyai namah

JULY 12



A person who remains in thought of God all the twenty-four hours is indeed constantly engaged in greatest service of all sentient beings. His action set an example for worthy human conduct.

Om Shree Mahamantraroopinyai namah

JULY 13



Just as thirsty man cannot forget water, so should one endeavour to keep the Goal awake within oneself.

Om Shree Muktipradayinyai namah

JULY 14



Only if there is a spirit of service can, one remain engaged in the service of God. His law is truly wonderful. Everything is His gift and should be offered again to Him.

Om Shree Muktanandvinodinyai namah

JULY 15



What you have to do, do it well and with all your might. By persisting you will gradually develop interest in it and come to love it.

Om Shree Mooladharanivasinyai namah

JULY 16



The pension you earn in this world lasts only as long as you live. By what grace is God's pension granted is impossible to tell. If anything is to be desired at all, one should desire this grace.

Om Shree Yogijanaranjinyai namah

JULY 17



In order to go beyond belief and disbelief, have a belief in Him. Just as there is a veil of ignorance, there is also a door to knowledge.

Om Shree Yogishwaryai namah



JULY 18

Without God where are you? That glimpse does occur in some form, as some sort of intuition. Unless there is inward goodness, it cannot materialise.

Om Jai Ma

JULY 19



Just as a plant in flower-pot is firmly embedded in earth—no matter how much the pot may be mowed from place to place—exactly in a similar way keep God firmly enthroned in your heart.

Om Shree Ma

JULY 20



God is complete. Only because of the notion of God's absence is there sorrow in the world. Where God is revealed there are no "two"—sorrow has no place.

Om Shree Radhikayai namah

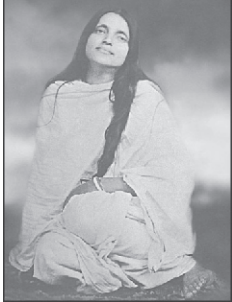
JULY 21



*Endeavour to tread the path of Immortality;
become a follower of the Immortal.*

Om Shree Radhakrishnaikaswaroopinyai namah

JULY 22



There can be Peace only when God Himself, the Fountain of Peace, who is the end of everything, has been enthroned in one's heart.

Om Shree Lalitadevyai namah

JULY 23



In Him no want of any kind exists, no pain, no agony — in Him is all attainment, the summit of fulfillment, rest, repose, tranquility.

Om Shree Lilashaktyai namah

JULY 24



If anything happens in one's worldly life that causes distress, anguish, one should endeavour to cleave to God's Name by all possible means and cry at His feet.

Om Shree Vagishwaryai namah

JULY 25



The positive proof that the aspirant is centred in God is that he ceases to hate any person or object.

Om Shree Sankirtan samragyai namah

JULY 26



Mahashunya—Great Void means Absolute Consciousness characterised by the absence of all creations. Shunya or void gap between two persons, things, feelings, thoughts, ideas, etc. which of necessity exists in the world of duality.

Om Jai Ma

JULY 27



Human beings have to be dwellers of the inner cave, so that the Supreme Being who resides within may be revealed.

Om Shree Ma

JULY 28



The light of the world comes and goes, it is unstable. The light that is eternal can never be extinguished.

Om Shree Srishtiprasavinyai namah

JULY 29



A tree is watered at its roots. Man's root is the brain, where his reasoning power, his intellect is constantly at work. Through Japa, meditation, the perusal of scriptures, and similar practices, one progresses towards the Goal.

Om Shree Sristipalikayai namah

JULY 30



*Having entered the Kingdom of forgetting,
everything is forgotten; this world is the abode
of non-remembrance.*

Om Shree Sarvadharmarochanayai namah

JULY 31



One does the work and enjoys its fruit, because of the sense of prestige it brings, whereas by relinquishing the fruit it becomes Karmayoga.

Om Shree Sachidanandroopinyai namah

AUGUST 1



If you can observe silence and be in harmony with everyone all round, it will be excellent. Try to remain without the help of signs and gestures for as long as possible.

Om Shree Vidyavinodinyai namah

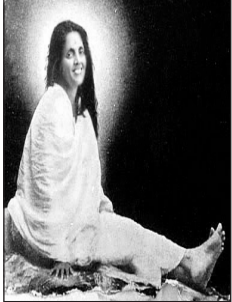
AUGUST 2



The self, self-contained, calling to itself for its own revelation this is happiness.

Om Shree Vindhyavasinyai namah

AUGUST 3



Truth itself will assist in every way him who has gone forth in search of Truth.

Om Shree Vishalakshyai namah

AUGUST 4



No evil can ever overcome him who clings to God's Name. What one suffers is in exact keeping with the nature of one's actions. If the flow of God's Name is sustained, all work will beget the good.

Om Jai Ma

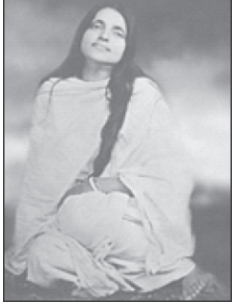
AUGUST 5



*Try to grasp the significance of “All is His” and
you will immediately feel free from all burdens.*

Om Shree Ma

AUGUST 6



An eternal relationship exists between God and Man. But in His Play it is sometimes there and sometimes severed or rather appears to be severed; it is not really so, for the relationship is eternal.

Om Shree Vedaprakashikayai namah

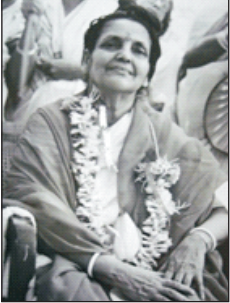
AUGUST 7



The talents and the work God has entrusted to you are meant for His service and for nothing else, bear this in mind.

Om Shree Vaishnavi Devyai namah

AUGUST 8



The activity of the mind that distracts man and takes him away from the remembrance of God is called wrong thinking.

Om Shree Vaibhavasampannayai namah

AUGUST 9



The Great Mother arranges whatever is necessary for each one. She certainly knows the real need of every individual, if one has at least this much faith, there is no reason at all to feel distressed.

Om Shree Vairagyamoortyai namah

AUGUST 10



Within the twenty-four hours of the day, some time must be definitely dedicated to God. Resolve, if possible, to engage regularly in Japa of a particular name or mantra while sitting in a special posture, and gradually add to the time or the number of repetitions.

Om Shree Shreematyai namah

AUGUST 11



Jagat means ceaseless movement, and obviously there can be no rest in movement. Peace reigns where no coming exists and no going, no melting and no burning. Reverse your course, advance towards Him—then there will be Hope of Peace.

Om Shree Santjanasukhayai namah

AUGUST 12



A man's belief is greatly influenced by his environment; therefore, he should choose the company of the Holy and Wise. Belief means to believe in one's self, disbelief is to mistake the non-self for one's self.

Om Jai Ma

AUGUST 13



Man thinks he is the doer of his actions, while actually everything is managed from the power house. Yet, people say: 'I do', How wonderful it is!

Om Shree Ma

AUGUST 14



Food, sleep, toilet, clothes, etc, should be given only as much attention as is needed for the maintenance of health.

Om Shree Shavitambarayai namah

AUGUST 15



Thus, after God-realization one can no longer speak of such a body for the Self stands revealed.

Om Shree Shamshanavasinyai namah

AUGUST 16



To attain the Truth one has to endure all hardships. It is the obstacles that give birth to patience.

Om Shree Shivshaktyai namah

AUGUST 17



If pray, you must for things of the world, then pray to Him; but the most excellent prayer is for God Himself.

Om Shree Hridayavasinyai namah

AUGUST 18



Truth—in the presence of which illusion is recognized as illusion—Truth, THAT which is, has to be made one's own.

Om Shree Tapatrayavinashinyai namah

AUGUST 19



*You feel lonely? In very truth you are not alone.
Does the Supreme Friend ever forsake His
friends?*

Om Shree Trikaladarshinyai namah

AUGUST 20



Both Restlessness and Serenity are aspects of the mind.

Om Shree Gyanbhaktipradayinai namah

AUGUST 21



*Moment means time, but not what you call time.
Time (samaya) means Sva-Maya, the state
where everything is seen as the Self alone,
where nothing whatsoever can exist beside the
Self.*

Om Shree Sarvajana hitaishinyai namah

AUGUST 22



Learn by heart hymns and verses in praise of God and repeat them whilst you move about. Never allow your mind to be idle. Keep engaged in the repetition of a mantra of God's name, of sacred hymns and the like, or else in pure Remembrance.

Om Jai Ma

AUGUST 23



*Let His Name be ever with you; imperceptibly,
relentlessly. Time is creeping away*

Om Shree Ma

AUGUST 24



No effort is ever wasted. When a pitcher full of water has a hole, however small, all the water will leak away. This is how it is with you: Your concentration is never complete, there is break in it, you do not want anything with your whole being.

Om Shree Sarvajanaapriyayai namah

AUGUST 25



The remembrance of God must be within human beings day and night so that he may be cleansed from their shortcomings and errors.

Om Shree Satyaswaroopinyai namah

AUGUST 26



In order to solve his queries and doubts it is incumbent on man to be engrossed in spiritual practices.

Om Shree Sarvashaktisamanvityai namah

AUGUST 27



Those who have adopted the Ashram of householders should be model householders and live according to the percepts of the Dharma. Endeavour to know yourself.

Om Shree Sarvadevapriyayai namah