

It is by yearning and pining for Him that the One is found. In times of adversity and distress as well as in times of well-being and good fortune, try to seek refuge in the One alone.

Om Shree Ma



Prayer never goes in vain. So long as no response is received, prayer must be continued.

Om Shree Mahalaxmyai namah



Relative happiness, that is to say, happiness depending on the fulfilment of any worldly desire, ends in grief.

Om Shree Mahasaraswatyai namah



A worldly desire, if unfulfilled, makes you miserable; if fulfilled, it is almost invariably followed by some other desire and the chain of desires disturb your peace of mind.

Om Shree Manglavatyai namah



So long as one believes that true happiness can be had in this world without searching within, one will remain in bondage.

Om Shree Manttrashaktyai namah



Strive to abandon yourself, without reserve, to Him. Then you will have no grief, no pain, no disappointment, no frustration.

Om Shree Mahakalai namah



He is the fountain of peace and the treasurehouse of real happiness.

Om Shree Maharaudrayai namah



Thinking of anything other than God is what creates sorrow.

Om Jai Ma



Perfect resignation gives the deepest joy. Accept it as your sole resource.

Om Shree Ma



Among all creatures man alone has been endowed with the capacity to realize God.

Om Shree Manaswanyai namah



Man's bounden duty is to endeavour to awake to his real nature as a human being and to kindle the desire to realize.

Om Shree Mahamanttraroopinyai namah



Use the present with great skill. Cultivate good and rightful desires by constant contemplation of God.

Om Shree Muktipradayinyai namah



Unconditional surrender to Him is the best solace for man. Invoke Him and be constantly intent on realizing Him.

Om Shree Muktanandvinodinyai namah



Don't indulge in cynical despair. Don't say: "Realization is not for me, not for me"! Resolve with determination that "I must attain Self-Realization. I must". Doubt is sin.

Om Shree Mooladharanivasinyai namah



Self-Realization is God-Realization and God-Realization is Self-Realization.

Om Shree Yogijanaranjinyai namah



It is the will of the Almighty that prevails. By living in harmony with His will and becoming an instrument in His hands you should try to realize Him.

Om Shree Yogishwaryai namah



What does Atma-darsana, the direct perception of the self-imply? The seer, the seen and the act of seeing, where these three are one, there the Brahman is realized.

Om Jai Ma



It must be made clear that it is the action of the Guru's power which induces the functioning of will-power; in other words, this will-power may be said to derive from the power of Guru.

Om Shree Ma



Devine Happiness which you call "Parama Sukhadham" is pure, unalloyed, bliss, happiness in its own right.

Om Shree Radhikayai namah



Time is gliding away swiftly. Gather up your possessions, No one accompanies you on your final journey.

Om Shree Radhakrishnaikaswaroopinyai namah



To keep your mind engrossed exclusively in the contemplation of the Self (Atma chintan) you must attempt again, again and again. Never allow your thoughts to dwell your helplessness.

Om Shree Lalitadevyai namah



Do not desire to be poor; to crave for His Real Wealth is man's constant duty. There is very little time left to you. He is all gracious, all compassionate and pulls you towards Himself.

Om Shree Lilashaktyai namah



Things in this world contained in the infinite number and the infinite number is One.

Om Shree Vagishwaryai namah



A person who knows that he is ignorant must be credited with some measures of knowledge. Serve The Lord, and only Him, to awaken love, fondness, devotion for Him.

Om Shree Sankirtan samragyai namah



There is One unchanging indivisible Reality, which, though unmanifest, reveals itself in infinite multiplicity and diversity. That one—the Supreme Truth is ever present everywere in all circumstances.

Om Jai Ma



Man's calling as human being is to find God. To be a human being means to aspire for God-Realization. Remember that every person has to mould his or her own life.

Om Shree Ma



One should always, accept cheerfully whatever God may bestow on you or take away from you.

Om Shree Srishtiprasavinyai namah



The path of Immortality never contemplates death. By meditation on the Immortal, the fear of death recedes far away.

Om Shree Sristipalikayai namah



The sovereign and universal remedy is the contemplation of the One.

Om Shree Sarvadharmarochanayai namah



Spiritual affinity is undoubtedly stronger than blood relationship. The happiness it gives, is very special.

Om Shree Sachidanandroopinyai namah



By meditation, spiritual endeavour makes place wonderful, your whole countenance will radiate peace and tranquility.

Om Shree Vidyavinodinyai namah



Whenever you feel hurt by anything that has been said, you should eject the matter like poison. By goodness kindle the light.

Om Shree Vindhyavasinyai namah



When elders or superiors talk, do not interrupt, if you have to say anything, say in private, or afterwards. You give your opinion, if you are asked.

Om Shree Vishalakshyai namah



By prolonged resistance in Sat-Sadhana, a place dedicated to Divine 'Sadbuddhi' will be awakened.

Om Jai Ma



It is the duty of those who have gone out in search of Truth to accept everything that 'Sadhu' do in search of Truth as the manifestations of their own 'Ista' or 'Guru'.

Om Shree Ma



In the entire universe, there is no question of boundary or limit—it is boundless, unlimited. All is on the One, is the One. Blindness and bondage are due to the veil of ignorance.

Om Shree Vedaprakashikayai namah



Do not pay attention to shortcomings of others, but try to discover their positive qualities, remembering that it is your way of looking at things that causes you pain.

Om Shree Vaishnavi Devyai namah



In God's creation, the results of one's action have to be enjoyed and suffered to. Everything is His dispensation, and remember that He is cleansing you to make you fit to be united with Him.

Om Shree Vaibhavasampannayai namah



If one's firm and undivided attention is given to the Supreme Path, God Himself takes care of everything.

Om Shree Vairagyamoortyai namah



Change your life totally, from its very root. Become a Sadhaka and go ahead on spiritual path with vigour and energy.

Om Shree Shreematyai namah



At every single moment He is with you as your helper. Speak the truth and adhere to truth in every respect.

Om Shree Santjanasukhayai namah



It is not proper to criticise any action of those great ones. Whatever they say should be accepted without argument.

Om Jai Ma



The more you let your thoughts dwell on Him, the more you will find Yourself improving in health, body and mind.

Om Shree Ma



Try and try again to reach the goal you have set before yourself. So long as Realization does not come, you must never relax your efforts. Let this be your firm resolve.

Om Shree Shavitambarayai namah



Light is gained by His grace alone. He is the One to be held in remembrance at all times.

Om Shree Shamshanavasinyai namah



Cry out to him alone. The Supreme Power, "Mahamaya", cannot remain indifferent to the inconsolable weeping of Her offspring.

Om Shree Shivshaktyai namah



It is the desire that causes sorrow; but the will to realize God is itself felicity. Sorrow comes in order to lead you to happiness. Be certain that He will comfort you and take you into His arms.

Om Shree Hridayavasinyai namah



Perform Japa and meditation, sustain the remembrance of Him, you are on your pilgrimage towards Light, Be mindful of this!

Om Shree Tapatrayavinashinyai namah



In all your activities, Ma is with you. In the midst of emptiness, Ma is with you. This will give you Ananda. One should always remember "Ma is with me at every single movement".

Om Shree Trikaladarshinyai namah



He is spoken of as "Sat-Chit-Ananda" (Being-Consciousness-Bliss). To know the essence of Truth is bliss. He is beyond bliss and non-bliss.

Om Shree Gyanbhaktipradayinai namah



To say "I do not know, I do not understand" is ignorance. It is thus veil of ignorance that causes agony and misfortune.

Om Shree Sarvajanahitaishinyai namah



Why should he permit you, who are the offspring of the Immortal, to stray towards that which is of death.

Om Jai Ma



If you cannot sustain 'Japa' at all the times, at any rate, complete two rosaries twice daily, morning and evening.

Om Shree Ma



God Himself will take care of everything that concerns a man who puts his whole trust in Him.

Om Shree Sarvajanapriyayai namah



Let your mind be like a beautiful flower that may be offered to The Lotus-feet of Lord in worship.

Om Shree Satyaswaroopinyai namah



Force of character is man's great strength. Those who cling to wealth; have much trouble and confusion. Try to cling exclusively to Him who is the Whole, and where trouble and confusion are non-existent.

Om Shree Sarvashaktisamanvityai namah



To drift with the current is easy enough, but to stand firm as a rock is difficult. He who is able to do this will keep his head without waving among dozen people of different points of view and line of approach.

Om Shree Sarvadevapriyayai namah



To form a bad opinion of a person is wrong. Hostility, condemnation, abusive language, concealed within one's mind, will and must fall back on oneself. To remain calm and at peace is man's duty.

Om Shree Sumangalayai namah



Those who depend on God and Guru always seek refuge in the Bliss, Goodness, Beneficence, Destroyer of obstacles.

Om Jai Ma



No two days pass alike. Do not allow yourself to be overcome by despair. Have complete trust in Him in spite of everything.

Om Shree Ma