

Ananda Varta



The Eternal, the Atman—

Itself pilgrim and path of Immortality

Self contained—THAT is all in One.

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To invoke that to be constantly intent on realizing it is Man's duty. At all times in her arms, in Her embrace—within the Mother. On finding the Mother, everything is found.

Shree Shree Ma Annadamayee

For the Vaishnavas, the final result, the Param Dham if Nama, So always remember and Sing Nama.

Jai Nama, Jai Nama, Jai Nama
Jia Nama, Jai Nama, Jai Nama

Sri Sri Sitaramdas Onkarnath

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God is the one and only friend of the Pilgrim to ultimate. Act in this spirit so that you may come to accept Him as your all in all. Unless one is Single Minded there will be obstacles to every step

Shree Shree Ma Anandamayi

There is no sin born out of any deed, word or thought which is not destroyed by the Power of Name.

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Matri Vani

He is the destroyer of all sorrow. Try to invoke Him at all times : contemplate Him alone, pray to Him. bow down, dedicating your whole being at His Feet. He is the Fountain of Goodness, Peace itself, all Bliss and what else ? Verify, the life of your life, the SELF.

Your body, which is part of and depending on this illusory world, is on the other hand the expression of a hidden inner process, You are yourself the many, appearing in various aspects, forms and modes. Each one of them exist in fact to fulfil a particular need. Yours is the give and take of the universe, yours the need and yet you yourself are the fulfilment, that hidden inner process is generated by you.

Someone asked Mataji : "Have you seen God ?"

Mataji replied without the slightest hesitation : "Why, indeed, He is always visible. Yet again, who sees whome since all are He ? In very truth, nothing exists apart from God".

If you are able to Love God really—this is the consumation of all love.

In search of the inner Guru one seeks and accepts a spiritual guide. With single-minded devotion one must advance on the path. Whatever takes one

nearer to God, no matter from what source it may come, should be adipted. A person who desires God as his one and only goal is bound to find a path. He Himself will reveal Himself.

In worldly life man is subjected to calamities and may go astray. The only expedient for deliverance from such calamities is the Revelation of Self within oneself.

No matter in what way the One may manifest Himself, man must endeavour to draw close to Him. The rare boon of human birth has to be made fruitful. Truly, God's beneficent hand is ever at work.

If, at some stage, inner agitation is aroused, there is always the possibility that in the course of development the road to peach to unfold itself. When one is anchored in patience the path to peach opens out.

Man must go out in search of that which is concealed behind the world. He should choose an abode that will make it easy for him to proceed to his true home.

God's grace pource down every where and at all times, According to one's self-dedication one will receive enlightenment. To pray constantly for God's grace is man's duty.

Sri-Sri Ma Anandamayee as I saw

S. K. Bose

It was early evening of autumn I had the fortune to see Sri Sri Ma Anandamayee at Sattya Gopal Geetashram Allahabad in the year 1949. She was sitting with Gurupriya didi at one corner of the hall and was talking to ashramites. In no time information of her arrival was spread widely and people leaving their assignments began to assemble there to catch a glimpse of Sri Sri Ma. Her first look appeared to me, a personality of highest order possessing some super human qualities. Her face was bright and smiling with a power to attract people by her spiritual personality and motherly conversation. My age was hardly fourteen and she talk to me like a friend of mine as if I was known to her earlier. Persons irrespective of casts and religion including late Gopal Thakur offered pranams by bowing heads and chanting pranams mantras. Sri Sri Ma also offered homage to Sri Gopal Thakur in a similar way. Some how I did not appreciate this till the time I realized that she in-fact offered pranamas to the enlightened soul of the great mendicant Sri Gopal Thakur of that time. Suchamystic atmosphere gave an immense pleasure and happiness to me specially by witnessing persons waiting silently with tears of undefined happiness for her Darshan. A heavenly atmosphere of this kind forced me into conclusion that Sri Sri Ma an absorbent of spiritual entity is capable to promote strength and self confidence in facing problems and sufferings of life by her

Kripa Dristi. My greatest intellectual debt and deepest debt of gratitude goes to my late mother who was responsible in inclining my mind to come nearer to her which directly or indirectly unfolded the state of reality.

Sri Sri Ma lived without book learning and inspite of that the most brilliant educationists found in her an intellectual giant. She had the power to interpret even minute details of scriptures which otherwise can not be realized without actually experiencing every steps of meditation. Her explanations used to be simple and short but on analysis found to have tremendous impact in directing the sense parameters towards the inner soul. These are understood by those who actually practice the steps of meditation and attained some level of consciousness. To me it seemed as if a highly sophisticated and advanced super computer ever developed is placed in her brain that functions in the body machine according to programmes incorporated by the Supreme Authority-Soul dwelling in her system. This seems to be the reason in not giving importance to the body which is simply a physical object a bio-chemical machine completely and exhaustively described and maintained by the law of nature. In order to substantiate this I would like to draw attention about her refusing to eat or depending upon few grains of rice for months together. This was quite astonishing to us of her absolute surrender to the nature. On asking she expressed that God has provided every thing for survival. Even illness is transmitted by his desire to function in the body according to its properties and habits. This

indirectly indicates that Sri Sri Ma an integral part of the Supreme Power an inseparable entity of Brahma is engaged in the process of transformation of all the physical objects of the univers the totality of all that exists. Being a representative of the Supreme Soul "Ghani Bhuta Paramalaya" she is actually function in her self 'Adyatya State" deep through micro states without any intention. These are visualized by the evolution of events such as diseases, which on interaction with the biochemical machines result in the growth of disorder. These are possible due to exchange of energy between micro states till it is converted to macro level so that it is perceptible to us. A never ending transformation is operative in her self which is left to be controlled by the law of nature. Perhaps, this was the reason why on our request she was not in favour to disturb the system by administering external agencies in her body system for so called relief or cure. She softly kept herself apart from these measures on our occasional persuasions at Ranchi assaram. Even in that state, on the contrary we were showered by her blessings and "Kripadrusti".

I used to pass my time with Swamy Paramanandaji and often he advised us to maintain contact by writing to Sri Sri Ma. The reason was to draw her attention in promoting strength and tranquility to overcome obstacles in the path of success. To me she is omnipresent, omniscient, omnipotent god who conveyed a message through late Bibhuda, moment before leaving India for advanced studies "Always to keep Geeta and read, not to change your religion" (1967).

