
Nobody can possibly be superior to God. Whatever is done, is done by Him, alone. No one else has the power to do anything; you must bear this in mind. Depend upon Him. So long as you feel that someone may do something that would harm you, practise a little more often than you would do otherwise the repetition of the Name of your Beloved (*Iṣṭā*). To place your reliance on your *Iṣṭā* is the one thing to be done under all circumstances.

Everyone runs after happiness and enjoyment. Yet, supreme happiness and bliss are ever *There* and nowhere else. That which is eternal must be revealed, and then the question of going in search of anything does not arise.

—Sri Sri Ma Anandamayi

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