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ENGLISH SECTION

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The ONE who is the Eternal, the Ātman,
His Himself is the traveller on the path of Immortality,
He is all in all, He alone is.

MATRI VANI

“With this body it is like this : it does not talk to anyone, nor go to see anyone, nor eat at anyone’s house.”

• • •

“What is *Satsang*? *Sva** means He, God, Being-Consciousness-Bliss (*Saccidānanda*), the *Ātma*—call it what you will. *Sva* is *Svayang*—THAT ITSELF, He in Person. *Sva-ang*† signifies that God is eternally revealed in every part of Creation. This is why it is said : Seek *Satsang*‡ so that you may know yourself to be *Sva-ang* (His own limb), know that He is ever revealed in every atom of Creation.”

• • •

“If one can love God there is no more sorrow. Even *viraha*, the deep yearning towards Him is happiness, for only

* *Sva* = self, own and *Sa* = He are pronounced alike in Bengali.

† *Ang* = part, limb.

‡ *Satsang* = the company of sages, saints and seekers after Truth ; also a religious meeting and in its widest sense the practice of the presence of God.

