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ENGLISH SECTION

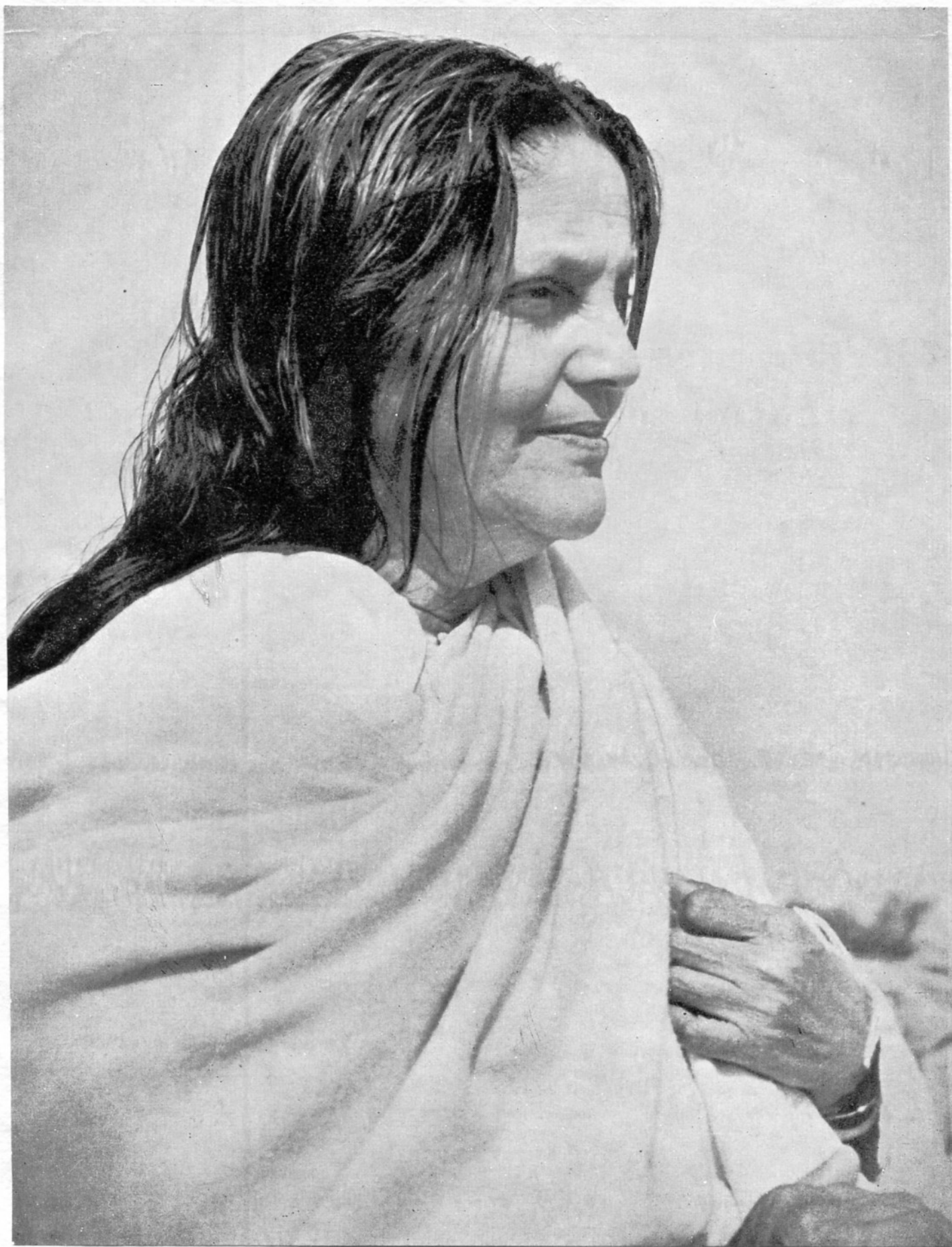
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The One who is the Eternal, the Atman,
He Himself is the traveller on the path of Immortality,
He is all in all, He alone is.

MATRI VANI

(Replies to letters from different people at different times)

92.

The word *manush** (man) itself gives the clue to what man should really be : a being who is self-aware. Even if he has slipped and fallen, is it not his bounden duty to use as lever the very earth to which he has tumbled and raise himself up again ? Besides one does not fall so often. As a man constant effort is his duty. If he does not awaken to the consciousness of his own self, what has he achieved ? He has but wasted his life. How many lives are frittered away, age after age in endless coming and going. Find out who you are ! Discover the significance of the round of births and deaths, its cause and to where it leads ! When man becomes a traveller on the path to his inner Being the distance that separates him from his Goal gradually vanishes. You will most certainly have to undertake this pilgrimage to Immortality, trampling under foot hundreds and hundreds of obstacles and impediments. This is the kind of manliness that has to be awakened. Why should you remain helpless as if paralyzed ? You only repeat over and over again that you cannot, cannot do *sadhana*. Why ? Why ? Why ?

93.

In all forms and conditions, in everything that comes to pass is He alone, He the self of all. Although you are mourning the loss of your father's physical form you should nevertheless invoke God's presence for the sake of

* *Man* mind, *hush*—conscious.

of him who has passed away. Whatever God does is for the very best. Your father's span of life was over. Tell your mother that this is the nature of the world. She will have to be courageous. According to God's will he carried out whatever service had been apportioned for him to do and now, by the Almighty's dispensation, he has been called unto Him. It is natural to be upset by bereavement. Sometimes it seems to us that He who is the Supreme Beloved of all is our enemy. Nevertheless what he sends will have to be endured. Dear mother*, listen to the request of this little daughter of yours : in these days of affliction and distress call out to God and cry for Him. It is but He who comes to man in the guise of a brother or a husband. Only by invoking Him can peace be found.

94.

My friend's† letter is filled with the expression of a beautiful spirit of love and devotion. This friend‡ is ever near her friends. Always remember that man has been born to do *sadhana* to perform actions that help him to realize God. Therefore dedicate yourself to Him, body mind and heart and endeavour to abide in His Presence at every moment of your life.

95.

It is the will of the Almighty that prevails. By living in harmony with this will and becoming an instrument in His Hands you should try to realize Him.

96.

To attempt to summon the spirit of the departed is not good. Very often some other being responds and the ordinary individual is not in a position to distinguish between a genuine manifestation and a fake. Therefore it is harmful. Some one who took part in spiritualistic seances became insane. Against his mother's wishes he continued to do so. To actually get into touch with the spirit of the dead one is difficult for the average person.

* Mataji addresses all married people as her fathers and mothers.

† Mataji addresses all children and unmarried people as her friends.

‡ Mataji refers to Herself in this way.

