

“Of Thee alone must be the spoken word,  
All else is but futility and pain.”

## MATRI VANI

( *Replies to letters from different people at different times.* )

### On Various Subjects.

19.

Verily, abounding sorrow is the essential characteristic of life in this world. Fix your mind upon God.

20.

*Ishwara*, the Lord of the world is not a thing to be perceived by the senses or grasped by the mind. By contemplating the Divine peace is won. God Himself draws you towards Him.

21.

Never let your mind be idle ; endeavour to keep it concentrated on the Eternal.

22.

In all matters without fail depend wholly upon God. To Him you should submit your heart's petitions and yearnings. Your whole life will have to revolve round Him, you have no other resource ; on your own you are utterly helpless, for are you not His creature ? Whatever He does is all for the highest good. You certainly are not in a position to choose what seems best to you. Why should He permit you, who are the offspring of the Immortal, to stray towards that which is of death ?

