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The relation between Guru and sisya (disciple) deserves to be called eternal only when the Guru is possessed of divine power and can and does communicate this power to the latter at the time of his initiation. This power being eternal, the relation between Guru and sisya as thus established is also eternal.

—Sri Sri Ma Anandamayee

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# ĀNANDA VĀRTĀ

*The Eternal, the Ātman—  
Itself pilgrim and path of Immortality  
Self contained—THAT is all in One.*

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No. 3

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## PROGRAMME

- 18th July, Tuesday —Guru Purnima
- 8th August, Tuesday —Death anniversary of 1008  
Swami Muktananda Giri  
Maharaj
- 13th August, Sunday —Jhulan Ekadashi
- 14th August, Monday —Death anniversary of 1008  
Swami Muktananda Par-  
bat Maharaj
- 17th August, Thursday —Rakhi Purnima
- 24th August, Thursday —Janmastami
- 7th Sept., Thursday —Death anniversary of  
Swami Gurupriyananda  
Giri Maharaj
- 8th September, Friday —Radhastami
- 7th to 10th October —Durga Puja
- 14th October —Lakshmi Puja
- 28th October —Kali Puja
- 30th October —Annakut
- 31st October —Bhatri Dwitiya
- 6th to 12th November —Samyam Saptaha
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## Sri Sri Ma's Utterances

Ma : "Look, how long does one wish to keep secrets, you know ? One wants to guard secrets while there is the feeling of want. What is that feeling of want ? Well, that feeling arises in the mind of a seeker who is afraid that his *sadhana* may be hampered ( by disclosing secrets ). And the common people are afraid of losing their prestige. Hence they have the urge to guard secrets. Again, when sometimes the *Mahatmas* do not disclose everything to others, it is because those persons do not qualify for hearing everything. Just as a matriculate will fail to understand if he is told what is learnt by an M.A. student — it is like that."

Question : "Ma, some people say, 'Ma has not lived the worldly life like us, yet how is it that she understands our joys and sorrows so much' ?"

Ma : "Bah ! You know how it is ? Verily, I am you, *you* yourself am I — that is all ! What is the question of not understanding ?"

Sadhan Brahmachari, one old devotee of Ma, once saw the manifestation of worldly mentality in an aged *sannyasi*. He came to Ma and asked, "Well, Ma, why do these worldly tendencies linger even after being in the discipline of *sannyasi* for such a long time ? If such things happen, then what are our hopes ?"

One day, Ma asked an aged *sadhu* of a very tranquil nature, "Pitaji, how to quiet the mind?"

He said, "What can I tell you? You are already sitting here with full realization of plenitude. "All the other persons present there said to the *sadhu*, "Please say something for us." Then the aged *sadhu* said a few things which can be summerized as follows: "The first spiritual discipline is *sadacara*, pure and virtuous conduct; not only externally, but both outwardly as well as inwardly one should observe good conduct. By regular practice of good conduct, the restlessness of the mind gradually decreases. I will not ride the horse, lest I should fall down from it — this is not the right way of thinking; I will ride the horse, and, holding the reins tightly in my hand, I shall control the horse — this is the proper attitude one should maintain. The mind can be conquered only by continual practice of self control — this is what the Lord has said in the Gita. Those who are in your ( Ma's ) company — what need they worry about? They have been fortunate to be "associated with" you. Such an association is rare, inscrutable and infallible. It is rare, as it is not easily available — it is a matter of immensely good fortune. It is inscrutable, as it is not given to common understanding, that is why, again and again, there are doubts, misgivings. It is infallible, since such association can never go in vain. I do not usually go to any person, but as soon as I had the very first look at you, I felt that you draw all people towards you. I do not usually tell anyone about these things dis-

cussed in the scriptures, but since you permitted me to talk, I have talked. But what will these words do? There should be realization in one's heart. "By saying so, the old gentleman fell silent."

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Talking about the Yogic manifestations in the body, Ma once said, "When the *Kriyas* manifest themselves in the body, it is distinctly felt how a current is following even in the upper veins of the body, as the knots snap open. Sometime it is seen that while *Kirtan* is going on, some persons engaged in it experience a slight manifestation of ecstasy and due to this, they are seen in a state of connection, violently jerking their hands and feet. It so happens because the knots in their body are not untied yet. Since nature's forces are unable to move about in their normal course, a suppressed impulse agitates within, and, trying to come out meets an obstruction. And as the knots are not open, they knock about restlessly in that manner.

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# In Association with Sri Sri Ma Anandamayee

Sri Amulya Kumar Datta Gupta

(Translated from Bengali)

*(Continued from previous issue)*

**Wednesday 17.4.46**

Today Sri Sri Ma returned to Dhaka after almost a year.

During Dol-Purnima it had been arranged for Sri Sri Ma to proceed to Behrampur, but instead she proceeded at that time to Sri Haribaba's Ashram in District Badaun. The place of Haribaba's Ashram is called Bandh. We heard from the mouths of people that the village in Badaun District used to be spoilt by the flooded Ganga waters. Thus there was no end to the misfortune of the inhabitants. Because due to the floods they could never save any of their crops.

Haribaba did not take the help of the Govt., but used the local manpower to build a huge Bandh which was quite a few miles long. Haribaba's Ashram was situated on that very Bandh. Haribaba was respected by the local population like a God.

Whatever it may be due to Haribaba's eagerness Sri Sri Ma proceeded to Bandh during Dol-Jatra.



At the conclusion of the festivals Haribaba came along to Behrampur with a few of his devotees and disciples.

This year the devotees had arranged to celebrate Basanti Puja in respect of Sri Ma.

From Behrampur Sri Sri Ma proceeded to Dhaka via Navadeep and Calcutta. We were present at Dhaka station to greet Sri Ma. Sri Harendra Banerjee was waiting at the station with two cars.

When Sri Ma and Haribaba arrived at the station, they were taken along in the cars to the Ashram, while we proceeded to the Ashram, some on horse carriages, some on rickshaws.

When we arrived at the Ashram we beheld Sri Ma sitting in the Nam ghar. The ladies were singing Kirtan. A little while later, it started raining, and the wind, starting from a gentle breeze, later assumed gale proportions together with heavy rainfall. In due course the weather became so violent, that it was scarcely possible for us to remain in the Nam ghar.

On perceiving this Ma started laughing uproariously. Although the wind dropped gradually, the rain continued. Sri Ma laughingly said pointedly to us, "When the rain and a little breeze started, I thought that let there be rain, but no more breeze, but with the very thought the gale started. Then I was compelled to say, "Stop, stop, this is enough." At listening to Ma's words we all started laughing as well.

When the rain had subsided, Sri Ma came out of the Nam ghar and began to check what arrange-

ments were being made for the Sadhus. I accompanied Ma with an umbrella over the head. On the occasion of Ma's visit a new room had been constructed. This had been done by a military contractor. First of all Ma visited that room. Sri Sitaram Baba and his disciples had taken up residence there. Sri Ma requested him to move to a better room, but Sitaram Baba expressed his desire to remain in the same room. A wooden bed was brought from them. Sri Ma sat there and conversed for a while with them, and praised that spot in the Ashram, saying, "Once upon a time Sadhus practised very severe tapasya here. I have heard they were your forebears (i.e. Sitaram Baba & Co's), and belonged to the same country.

Sitaram Baba praised the Kirtan being sung by the ladies and said, "I never realised before that Bengali ladies could sing Ram Nam so well." Ma replied, "Yes, here the ladies can produce very good Kirtan. The menfolk also sing Kirtan, but there are not many of them."

### **Sri Sri Haribaba**

After this discourse Ma went and stood on the veranda of the Smriti Mandir. We stood below on the ground. By that time the rain had stopped. Because of Haribaba's visit, Sri Ma had issued instructions to clean out the Ashram thoroughly. On seeing the spotless condition of the Ashram, Ma expressed her pleasure, and said, "When this Body visits the Ashram alone, it does not matter whether you clean the Ashram or not. Because it does not