

Ananda Varta

A quarterly journal dealing mainly with the divine life and teaching of Mata Anandamayee and with other religio-philosophical topics



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“ —Rs. 35/- or \$ 5.50 (North & South America.)

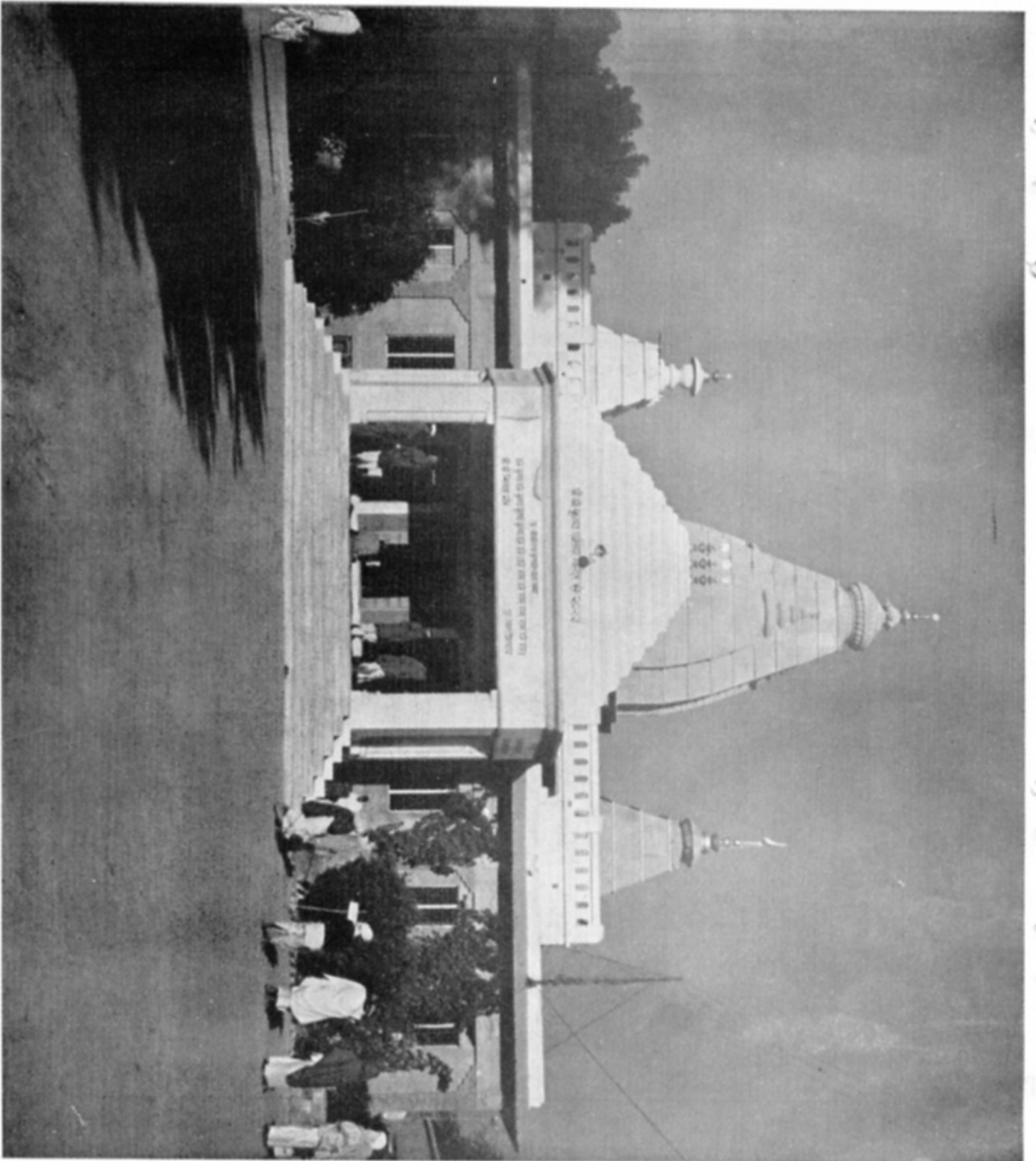
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Mataji in her thirties during her first visit to Calcutta



Front view of the three temples in Vrindaban Ashram.

*Just as there is a veil of ignorance for the individual,
So there is also a door to Knowledge.*

Mātri Vāni

**Earthly love causes intense suffering and does not last.
Whereas the love of God gives extremely great happiness.**

* * * *

**It lies in God's very nature to keep the door to Him-
self ever open. If the amount of energy and time spent in
worldly pursuits is given to the search after God, the path to
Self-knowledge will of a certainty open out of itself.**

* * * *

**God is the breath of life, the Heart of hearts, the Self.
To find Him means to find oneself. What is called the world,
is dragging man towards foolishness and misery—away from
God. Therefore, the only excellent path is the one that
leads to Self-knowledge, Self-realization.**

* * * *

**Always remain calm and remember that whatever God
does at any time is beneficent. When circumstances change
in the course of events, what is there to worry about?
Everything that happens at any moment happens by
His Will.**

* * * *

**Why allow yourself to become agitated and excited?
This is not the attitude fitting for a pilgrim on the spiritual
path. On the contrary, by spending one's life in the aware-
ness of God, seeking the company of sages, saints and seekers
after Truth, one's hopes and aspirations will be fulfilled.**

* * * *

If service is your ideal, be constantly engaged in the service of God. Attachment will keep you in the realm of the transitory. His Law is truly wonderful.

* * * *

Contemplation of the *Atmā* takes one to one's ultimate Goal; while worldly action creates nothing but ugliness.

* * * *

So far as this body is concerned, nothing happens unknowingly or by mistake : be it right here or far in the distance. Whether it is perceived outwardly or not, whatever is destined to occur, does come about.
