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*Just as there is a veil of ignorance for the individual,
so there is also a door to Knowledge.*

MATRI VANI

The practices leading to the ideal that has been shown by the Guru as the goal, are performed in order to become one-pointed. When the disciple with single-eyed devotion advances towards the one goal, how can one say that there is no ideal? To labour for the attainment of the goal according to the Guru's instructions, this indeed is called firm faith (*niṣṭā*). To engage in action for the sake of enjoyment is one thing, to perform action as *yoga*, quite another. Directed towards the Supreme Quest it is called *yoga* and directed towards worldly aims it is called *bhoga*. He who treads the path of action as *yoga* is on the way to liberation. Whatever current he may be able to enter, he should, ever united with that current, endeavour by that yogic practice (*kriyā*) to attain to liberation from action. In the realm where one is ever free, in the transcendental and beyond it, there, no question can arise. First of all become united to yogic action with single-mindedness along whatever current it may be, then only can you reach liberation from action. To be a *yogi* means to be eternally united; and he who is eternally united is also eternally free.

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Your sorrow, your pain, your agony is indeed my sorrow. This body understands everything.

