

# MA ANANDAMAYEE AMRIT VARTA

A quarterly journal dealing mainly  
with the divine life and sayings of  
Sri Anandamayi Ma

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## CONTENTS

1.	Matri Vani	....	....	1
2.	In association with Ma Anandamayee — <i>Amulya Kumar Dutta Gupta</i>	....	....	3
3.	Have faith in Mother (Poem) — <i>Sri Viranchi Kumar</i>	....	....	8
4.	Supreme Woman of Being — — <i>Chloe Goodchild</i>	....	....	9
5.	Jai Ma — <i>Dhiraj Sapru</i>	....	....	15
6.	The fundamentals of Indian Philosophy — <i>Sri P.C. Mehta</i>	....	....	16
7.	I belong to everyone — <i>Bithika Mukerji</i>	....	....	20
8.	Māyāvādi Vedanta and Leelāvādi Vedanta — <i>Dr. Bireswar Ganguly</i>	....	....	22
9.	Random recollections — <i>Sri Hari Ram Joshi</i>	....	....	26
10.	Ma ! You are here (Poem) — <i>Mohua Das</i>	....	....	32
11.	Those memorable days with Mother — <i>Shraddha Davenport</i>	....	....	33
12.	OM Krim — <i>Antonio Eduardo Dagnino</i>	....	....	41

## MATRI VANI

Transmission of power constitutes initiation. It is this imparting of the Guru's power that is the important factor, whether it occurs in a dream or in the waking-state. If the manifestation of power has actually taken place within, then the need for an external giving does not exist anymore.

\* \* \*

The action of initiation is instantaneous, outwardly as well as inwardly.

\* \* \*

Even where no effect of the initiation is noticeable for a long time, even then the power is undoubtedly working within.

\* \* \*

By regularly offering one's *japa* to the *Ista*, one slowly and gradually comes to realize what the Name is and He, whose Name one repeats; who One is; what self-Realization signifies. When all this is revealed, then the purpose of one's *japa* has been wholly fulfilled. Nobody can foretell at what particular instant this may occur : therefore, ever continue with your *sādhana*.

\* \* \*

As one goes on practising a prescribed amount of *japa* at some moment or other — the fire will be set ablaze. Fire exists everywhere, only one does not know, at what instant the friction will suffice to kindle a flame. Therefore, be ever prepared !

\* \* \*

If one is completely single-minded in his thirst for Enlightenment, it *must* come then and there.

\* \* \*

The ocean is contained in the drop, and the drop in the ocean. What else is the spark, if not a particle of fire — of Him, who is Supreme Knowledge Itself.

\* \* \*

None can foretell at what particular time circumstances will co-operate to bring about the Great Moment for anyone.

\* \* \*

What indeed is a *mantra* ? It represents the Supreme Being Himself in the guise of sound. That is why true Knowledge can supervene at the very utterance of a word of power. How mysterious and intimate is the relation between those words and the immutable *Brahman* !

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Is it not your nature to crave for the revelation of that which Is, for the Eternal, for truth, for limitless knowledge ? This is why you do not feel satisfied with the evanescent, the untrue, with ignorance and limitation. Your true nature is to yearn for the revelation of what you ARE.

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The revelation of THAT is what is wanted. You will have to make a sustained effort to convince your mind of the fact that *Japa*, meditation and all other spiritual exercises, have for purpose your Awakening.

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On this pilgrimage one must never slacken : effort is what counts ! One should try ever to remain engrossed in this endeavour — if must be woven into one's very being, one has to be fused with one's self. It is Thou that criest out helplessly in distress, and it is Thou Thyself that art the way and the goal.

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The Infinite is contained in the finite, and the finite in the Infinite; the whole in the part and the part in the whole. This is so when one has entered the Great Stream.

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Having entered that unbroken Stream, it is only natural that *yoga*, the hidden union of the individual with the All, should become *Mahāyoga*.

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Infinite are the *sādhanās*, infinite the spiritual experiences, infinite is manifestation — and yet He is unmanifest. Finally, when Enlightenment occurs, this will be the end, and at that very instant He will be revealed in the midst of endless variety.



