

MA ANANDAMAYEE AMRIT VARTA

A quarterly journal dealing mainly
with the divine life and sayings of
Sri Anandamayi Ma

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MATRI VANI

You go on insisting that the mind must be dissolved. But do not forget, it is this very mind which is the *Mahayogi*, yes indeed, the sublime yogi.

* * *

When you have surrendered yourself to the Guru, he may do anything, subject you to no matter what trials, yet you still regard yourself as a tool in His hands.

* * *

This body tells of yet another aspect – Can you guess what it is ? Just as Beloved is the Self, so destruction is also He Himself, and like wise in that which is destroyed. This is so where the Self is and nothing but the Self.

* * *

When the Ultimate Reality has been attained, there can be no question of either the super-normal or of deviating or not deviating from Reality, what is meant by "*Videha – Mukti*."

* * *

The progress of the disciple continues up to where the position of a teacher is held. If the teacher is in the state of *ajnāna* and the question is asked by one who also is in ignorance how can there be even an expectation of the revelation of real Knowledge ? All the same a discussion that aims at elucidating Self-realization will naturally be helpful and beneficial.

* * *

At that moment you come to understand the real nature of the inner guru, He dwells within and works from there.

* * *

Again, who is it that guides me from out side ? It is also He, for verily there is no other.

* * *

A knot means resistance, Hence, so long as the ego persists, there will be clashes at times.

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When impersonal work is being carried out and watched as by a spectator, a deep Joy surges up from within,

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If you can become so completely concentrated in any one direction that you cannot help acting along that line, wrong action becomes impossible.

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You should understand that one who loves God is but out to destroy identification with the body.

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Action dedicated to God is alone true action, all the rest is useless and therefore no action at all.

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To let the mind dwell on sense objects still further increases one's attachment to them. When intense interest in the Supreme Quest awakens, ever more time and attention will be given to religious thought.

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For him whose one and only goal is the ocean itself no one has remained for whose sake he looks back.

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By regarding all manifestations as the Supreme Being, one attains to communion that leads to liberation.



CONVERSATION WITH WESTERN DEVOTEES

[Thirteen]

—Vijayananda

1) Ma and her disciples

Q : Who is Guru?

V : There is only one Guru, God. Ma often used to say that, but only now I completely realize what it does mean. Physical Guru may have defects, the body always has defects, but the Guru is an instrument, a canal of the Divine. There are bad conductors, good conductors and super-conductors. Ma was a super-conductor.

Q : Does this view help the disciple not to see the guru in a personal way?

V : Ma said that even if a disciple should fall in love with the guru, if the latter is a sadguru, he would be able to transform this love and to redirect it towards the Divine.

Q : Was Ma imparting instructions through discourses ?

V : No, Ma did not make speeches, but she used to give clear-cut advice individually during private interviews. By the way, they could also give practical suggestions to people; if they were able to catch them, they could escape the result of a bad karma of the past, an accident for instance. Ma could also make disciples' *kundalini* ascend and descend in a single look, in quite informal a way and without appearing to do so. Sometimes, it was important to be able to take down those who had been awakened too quickly and could not face the sudden inflow of energy.

Q : Could Ma perform miracles with everyone ?

V : No. The one who performs the miracle and the one who receives it must be in perfect harmony like a couple of dancers. Even with Christ, it was like this. Those who had no faith could not be saved. When Ma was old, I had a dream, but those images which I saw were as vivid as in reality. I was with a group of visitors, mainly foreigners, on a verandah in charge of keeping Ma's door, and she passed by. I asked them, Did you see Ma ? They answered me, No. When Ma was young, everyone was enthralled by her contact. Afterwards, she was more inside and only those who had intensity and great faith could perceive her power directly.

