

# MA ANANDAMAYEE AMRIT VARTA

A quarterly journal dealing mainly  
with the divine life and sayings of  
Sri Anandamayi Ma

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# Shree Shree Anandamayee Sangha

BHADAINI, VARANASI - 221 001

Dated July 15, 1999

Dear devotees,

On behalf of Shree Shree Anandamayee Sangha, the all-India institution founded in the divine name of Shree Anandamayee Ma, I feel it my duty to bring to your kind notice that at the earnest request of Ma's devotees hailing from different parts of India we have started publishing from Varanasi the quarterly journal "Amrit Varta" in four separate languages Hindi, Gujarati, Bengali and English from Shree Ma's birth centenary year 1995-96.

The said journal deals mainly with the divine life and teachings of Ma and is also supposed to be the principal organ of our whole organisation.

It was our keen expectation that the journal in Shree Ma's holy name would be very much welcomed by all Ma's devotees and admirers. But it is really surprising that the number of subscribers of different editions of the journal have so far been very much below our expectation and consequently the journal is being printed at a substantial loss due to regular increase in the cost of printing and paper etc.

It is, therefore, our earnest request to you that you will be good enough to come to our immediate assistance not only by regularly subscribing to the journal yourself ( any edition of your choice ) but also by arranging for a good number of advertisements in the journal as well as through enrolment of additional subscribers from among your friends and relations.

For the convenience of all we have kept the annual subscription of the journal only Rs. 60/- per year ( postage free within India ) and rates of advertisements are also quite reasonable.

We sincerely hope that this will receive your kind attention without fail.

Thanking you in anticipation,

Yours in the service of Ma

**Panu Brahmachari**

Managing Editor  
"Amrit Varta"



## MATRI-VANI

There is a time for everything. No one can come to me until the time is ripe.

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Question— How can I know which is the true path ?

Answer— If you sit with all doors and windows closed, how can you see the path ? Open the door and step out; the path will become visible.

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Visitor—I have no spiritual aspirations. I am happy as I am.

Answer—That is good; we also are talking of happiness. If you have found the secret of happiness why do you make this statement instead of being in this state for all to see ? (She smiles, the visitor laughs and acknowledges that it is so). To be with God is true happiness.

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The multifarious kinds of beasts, birds, men—what are they all ? What are these varieties of shapes and modes of being ? What is the essence within them ? What really are these ever-changing forms ? Gradually, slowly, because you are rapt in the contemplation of your Beloved, He becomes revealed to you in every one of them; not even a grain of sand is excluded. You realize that water, earth, plants, animals, birds, human beings are nothing but forms of your Beloved. Some experience it in this manner; realization does not come to everyone in the same way. There are infinite possibilities and consequently which, for any particular person is the specific path along which the Universal Love will reveal itself in its boundlessness, remains concealed from most individuals.

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Question—Is it possible to bribe God ?

Answer—By cheating, you yourself alone will be cheated.

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To be a human being means to place first and foremost the desire to know one's self.

God is everywhere. He pervades everything. He whom you think you have sought in vain for so many years, is not apart from you. Just as a man cannot be without bones, blood, flesh & skin, so the One is present everywhere, at all time, interwoven with everything that exists.

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God is one's very own self, the breath of one's breath, the life of one's life, the *Atma*. Not until his true Self has been revealed to him may a seeker ever relax his search. By seeking one will find; the Self is within one's own grasp. To feel fatigued, exhausted, because one has not found Him is a very good sign indeed. It indicates that one is nearing the purification of one's heart and mind.

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In dreams all kinds of things can be seen; things which the mind has been busy with, and also things which have not been thought about, but which have occurred in the past or will come about in the future. In any case everything that happens belongs to the realm of dreams.

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When one has become still, that is to say, when one has become established in a state of tranquility, then the activity of nature which continues at every moment in sleep and in walking and is part of the movement of the pilgrimage from birth to death, this and the thinking mind become caught in that stream and eternally remain floating in it. Ever to keep the mind poised in the Self, wide-awake in the current of Reality, where the unfathomable, the One-without-end is ever revealed in His infinity—this must, with the intensity of a possession be your one and constant endeavour.



